

Production Tip:

Did you know you can export a picture from a video to use in a print or power point presentation? You can do this with a variety of video editing programs including Adobe Premiere and also Adobe Premiere Elements.

Just cue up the play head to the frame you want to export, then go to **FILE>EXPORT>FRAME**.

You can then choose the format of the file (JPEG, TIF, BMP, etc) and specify where you want to save it to. The exported frame will measure approximately 8 x 6 inches in 72 dpi resolution.

I suggest making the image smaller to about 4 x 3 to double the resolution. If you have Photoshop or an image editing program, you might want to open it up and select the DE-Interlace filter from the filters menu to sharpen the image even more.

